



Brought to you by:



HELL & BACK PARTICIPATION 2016

Under 18 Parental Consent Form

Terms & Conditions

Age of Participant

If your child is aged 16 or 17, for insurance reasons, they must have parental permission to take part in HELL & BACK. No child aged 18 and under is allowed take part.

Insurance Cover when Participating in HELL & BACK

As every participant has different insurance needs, it is the decision and responsibility of each participant to ensure they are fully covered in accordance with their specific requirements when participating in HELL & BACK. Alive Outside, the organiser of the event, strongly recommends that each participant has their own Personal Accident Cover in case of injury.

Weils / Leptospirosis Disease

HELL & BACK venues are often large, vast working farms, which are home to a wide variety of plants and animals, both domestic and wild. As the course involves running through ponds and rivers, Alive Outside encourages all HELL & BACK participants to know the symptoms of Weils / Leptospirosis Disease, which is an acute infectious disease spread by infected wild and domestic animals. If you develop any symptoms after the event, you should see a medical professional immediately.

By accepting these Terms & Conditions, you agree to the risks associated with running through the natural habitat of these plants and animals. Alive Outside does not accept liability for any illness contracted – everyone takes part at their own risk. For more information, check out the [Irish Water Safety website](#).

Adhere to Alive Outside Rules

It is the responsibility of each participant to complete an Alive Outside event within the rules and regulations stated by the organisers.

Data Protection Act

Alive Outside holds information on users and members in accordance with the provisions of the Data Protection Act 1998, and will adhere to any other relevant future legislation in this area.

Physical Condition of Participants

Before taking part in HELL & BACK, you should contact a medical professional to make sure that the event is appropriate for you. Alive Outside recommends that anyone who has health-related concerns about taking part, visit their local GP for a health check-up before participating in the event. All participants in HELL & BACK do so at their own risk.

Parental Consent Form

If your child is aged 16 or 17 and would like to take part in HELL & BACK, please complete this form and return to us by email, post or fax no later than 2 weeks prior to the event. For insurance reasons, the completion of this form is essential to enable your child's participation in HELL & BACK.

PLEASE NOTE IT IS MANDATORY FOR ALL PARTICIPANTS AGED 16 OR 17 TO PROVIDE VALID PHOTO ID AT REGISTRATION ON THE DAY OF THE EVENT.

I wish to inform Alive Outside that, as a Parent/Guardian, I give full permission for my child to participate in HELL & BACK.

Child's Name _____

Child's Date of Birth _____

Date of H&B Event _____

By signing this form, I agree that Alive Outside, the event organiser, is not liable for any personal injury or any other accident that may cause injury to my child.

In case of injury or illness to my child, I give my consent to emergency transportation and the administration of first aid and medical treatment.

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Parents/Guardian Contact Number: _____

Date: _____

MUST BE RETURNED AT LEAST 2 WEEKS BEFORE HELL & BACK

Option 1 - Post:

Attn: Ruth McAdam
Alive Outside
5 Rogan's Court
Patrick St
Dun Laoghaire
Co Dublin

Option 2 - Fax:

01 2846558

Option 3 - Email:

Sign, take photo and mail to: info@aliveoutside.ie
Then post original to above address