



*Brought to you by:*



## **HELL & BACK PARTICIPATION Under 18 Parental Consent Form *Terms & Conditions***

### **Age of Participant**

If your child is aged 16 or 17, for insurance reasons, they must have parental permission to take part in HELL & BACK. No child aged 18 and under is allowed take part.

### **Insurance Cover when Participating in HELL & BACK**

As every participant has different insurance needs, it is the decision and responsibility of each participant to ensure they are fully covered in accordance with their specific requirements when participating in HELL & BACK. Alive Outside, the organiser of the event, strongly recommends that each participant has their own Personal Accident Cover in case of injury.

### **Infectious Disease**

HELL & BACK venues are often large, vast working farms, which are home to a wide variety of plants and animals, both domestic and wild. As the course involves running through ponds and rivers, Alive Outside encourages all HELL & BACK participants to know the symptoms of Infectious Diseases, especially Weils / Leptospirosis Disease, which is an acute infectious disease spread by infected wild and domestic animals. If you develop any symptoms after the event, you should see a medical professional immediately.

By accepting these Terms & Conditions, you agree to the risks associated with running through the natural habitat of these plants and animals. Alive Outside does not accept liability for any illness contracted – everyone takes part at their own risk. For more information, check out <http://www.hellandback.ie/WeilsDisease.html>.

### **Adhere to Alive Outside Rules**

It is the responsibility of each participant to complete an Alive Outside event within the rules and regulations stated by the organisers.

### **Data Protection Act**

Alive Outside holds information on users and members in accordance with the provisions of the Data Protection Act 1998, and will adhere to any other relevant future legislation in this area.

### **Physical Condition of Participants**

Before taking part in HELL & BACK, you should contact a medical professional to make sure that the event is appropriate for you. Alive Outside recommends that anyone who has health-related concerns about taking part, visit their local GP for a health check-up before participating in the event. All participants in HELL & BACK do so at their own risk.

## Parental Consent Form

If your child is aged 16 or 17 and would like to take part in HELL & BACK, please complete this form and return to us by email or post 2 weeks prior to the event – or bring it to the Registration Tent on the day. For insurance reasons, the completion of this form is essential to enable your child's participation in HELL & BACK.

**PLEASE NOTE IT IS MANDATORY FOR ALL PARTICIPANTS AGED 16 OR 17 TO PROVIDE VALID PHOTO ID AT REGISTRATION ON THE DAY OF THE EVENT.**

I wish to inform Alive Outside that, as a Parent/Guardian, I give full permission for my child to participate in HELL & BACK.

Child's Name \_\_\_\_\_

Child's Date of Birth \_\_\_\_\_

Date of H&B Event \_\_\_\_\_

By signing this form, I agree that Alive Outside, the event organiser, is not liable for any personal injury or any other accident that may cause injury to my child.

In case of injury or illness to my child, I give my consent to emergency transportation and the administration of first aid and medical treatment.

Name of Parent/Guardian: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Parents/Guardian Contact Number: \_\_\_\_\_

Date: \_\_\_\_\_

**MUST BE RETURNED AT LEAST 2 WEEKS BEFORE HELL & BACK  
OR BROUGHT TO THE REGISTRATION TENT ON THE DAY OF THE EVENT**

### *Option 1 - Email:*

Sign, take photo and mail to: [info@aliveoutside.ie](mailto:info@aliveoutside.ie)

For attention of Ruth McAdam

Then post original to address below

### *Option 2 - Post:*

Attn: Ruth McAdam

Alive Outside

5 Rogan's Court

Patrick St

Dun Laoghaire

Co Dublin